

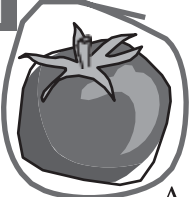




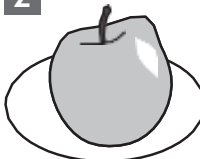
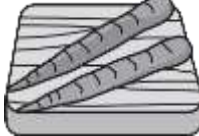
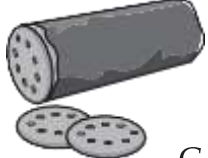
A balanced diet

Cross-curricular worksheet 2




1 Write. Circle the odd one out in EACH group.




vegetables olive oil prawns rice fish carrots chicken
noodles cake apple tomato biscuits

1  A  B  C

2  A  B  C


tomato rice noodles apple carrots biscuits

3  A  B  C

4  A  B  C


Fish chicken vegetables olive oil prawns cake

2 MATCH. DRAW one more food item to MAKE A HEALTHY MEAL.

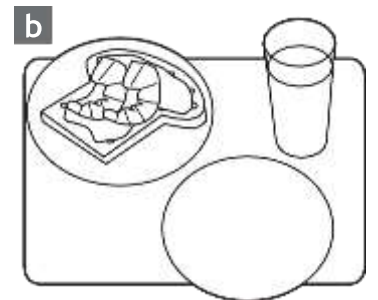
1  This is my lunch. I've got chicken and rice. I've got an apple and a glass of milk too.


C



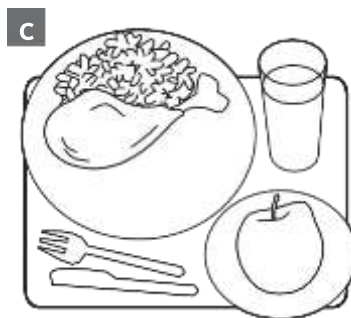
2  I like fish. I've got fish and salad for lunch. I've got a glass of milk too.


A



3  I like sandwiches. I've got a prawn sandwich today. I've got a glass of milk too.

B



4  I love noodles. Today I'm having noodles and vegetables. I've got a glass of water and a yoghurt too.

D

